



Jubilee Year
of Mercy
2015/16

Welcome to

Kangaroo Island Catholic Community

(Part of the Fleurieu and Kangaroo Island Cluster of Catholic Parishes)

EIGHTEENTH SUNDAY IN ORDINARY TIME - YEAR C

Vol 4 : No 37

KANGAROO ISLAND CATHOLIC PARISH

Parish House: 22 Giles Street,
KINGSCOTE, SA 5223
Phone: 8553 2132
Postal address: PO Box 749,
KINGSCOTE, SA 5223
Email: cphkings@adam.com.au
Web: www.kicatholic.org.au

NOARLUNGA DOWNS CATHOLIC PRESBYTERY

Phone: 8382 1717

PARISH TEAM CONTACTS

Fr Charles Gauci (Parish Priest -
phone 8382 1717)

PARISH PASTORAL COUNCIL

Mr Peter Clark (8559 5131)

PARISH NEWSLETTER

Mrs Annette Roestenburg
(8553 8281; rostie2@bigpond.com)
(All items for the newsletter must be
received no later than Wednesday
evening.)

MASS CENTRES

- KINGSCOTE: Our Lady of Perpetual Help, Cnr Giles and Todd Streets
Sunday - 9.30am
4th Sunday - Youth Mass - 6.00pm
- PARNDANA: Uniting Church, Cook Street
4th Sunday - 4.00pm
- PENNESHAW: St Columba's Anglican Church, Cnr North Terrace and Fourth Street
1st Sunday - 2.00pm

SPONSORSHIP

KANGAROO ISLAND
TRANSFERS (0427 887 575)
generously donate transport for our
visiting Priests.

CHILD PROTECTION UNIT

Sally Wellington (Manager)
Phone: 8210 8268



FIRST READING

Ecclesiastes 1:2, 2:21-23

Vanity of vanities, the Preacher says.
Vanity of vanities. All is vanity!

For so it is that a man who has laboured wisely, skilfully and successfully must leave what is his own to someone who has not toiled for it at all. This, too, is vanity and great injustice; for what does he gain for all the toil and strain that he has undergone under the sun? What of all his laborious days, his cares of office, his restless nights? This, too, is vanity.

RESPONSORIAL PSALM

89:3-6, 12-14, 17

*In every age, O Lord,
you have been our refuge.*

SECOND READING

Colossians 3:1-5, 9-11

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

That is why you must kill everything in you that belongs only to earthly life: fornication, impurity, guilty passion, evil desires and especially greed, which is the same thing as worshipping a false god; and never tell each other lies. You have stripped off your old behaviour with your old self, and you have put on a new self which will progress towards true knowledge the more it is renewed in the image of its creator; and in that image there is no room for distinction between Greek and Jew, between the circumcised or the uncircumcised, or between barbarian and Scythian, slave and free man. There is only Christ: he is everything and he is in everything.

GOSPEL ACCLAMATION

Mt 5:3

Alleluia, alleluia!

*Happy the poor in spirit; the
kingdom of heaven is theirs!
Alleluia!*

GOSPEL

Luke 12:13-21

A man in the crowd said to Jesus, 'Master, tell my brother to give me a share of our inheritance.' 'My friend,' he replied, 'who appointed me your judge, or the arbitrator of your claims?' (Continued page 4)

JULY ANNIVERSARIES

Alma Adams, Eadie Adams, Sid Adams, Peg Anderson, Lill Buick, Phil Connell, Henry Dravitzki, Paul Glynn, Joyce Grant, Mick Grant, Bill Higgins, Monica Hughes, Barry Jameison, Judith Jeffs, Kym Moses, Ron Mumford, Alexander Nash, Alice O'Neill, Alice O'Driscoll, Charles Reynolds, Nora Ridge, Johnny Tully, John Walsh, Tony Walker, Robyn Williams and all the faithful departed

Prayers for the sick

Please pray for Sam Baynes, Helen Berden, Cath Cantlon, Denice Carter, Clarence Cook, Joelle Davidson, Thea & Manning Depold, Don Duffy, Fr Peter Dunn, Pam Elliott, Kathleen Feaver, Betty Florance, Veronica Farnden, Sue and Charles Gorman, Tony Hodgins, Narelle Kosmina, Scott McCreary, Leigh and Phillip McDonald, Peter Murray, Elijah Laundry and Family, Fr Pat O'Keeffe, Kate Palmer, Jack Pitcher, Kingsley Pledge, Anne Redden, Bill Roestenburg, Tim Ruge, John Smith, Greg Turner, Peter Weatherstone, Karen Williams, Margaret & Harry Rich, Simon Slagter, Nicki and Craig Hoar, Noel Grace,
May they know the healing love of Christ through our actions and His healing presence.

PARISH NOTICES –31/07/16

1. Thank you to Fr Peter for saying Mass for us today.
2. Next week there will be Mass with Fr Peter.
3. We are running a raffle to raise funds to help some of our youth attend the "Ignite" conference in Brisbane in September this year. Tickets are available at back of the church.

Eight Characteristics of parishes in the process of renewal:

1. **The parish is a community in which each member is called to the following of Jesus.**

The parish understands itself as a community of disciples. It is a place of prayer and formation. The Second Vatican Council called us ALL to holiness.

Each one who is baptised has a gift of the Holy Spirit, given for the sake of all. Each one is different, but all are participants and involved in bringing the Gospel of joy to the world.

- ◆ From the above, what rings true for you?
- ◆ How can our parish be a place where we can learn to pray, to know and understand the Scriptures, and to use our gifts 'in the cause of the kingdom of God in our world'?

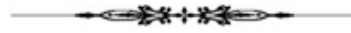




SUICIDE AND MENTAL HEALTH

Ron Rolheiser column

Ronald Rolheiser, a Roman Catholic priest and member of the Missionary Oblates of Mary Immaculate, is president of the Oblate School of Theology in San Antonio, Texas. He is a community-builder, lecturer and writer. His books are popular throughout the English-speaking world and his weekly column is carried by more than sixty newspapers worldwide.



As young boy, I longed to be a professional athlete but I had to soon accept the unwelcome fact that I simply wasn't gifted with an athlete's body. Speed, strength, coordination, instinct, vision, I got by in ordinary life with what I had been given of these, but I wasn't physically robust enough to be an athlete.

It took some years to make peace with that, but it took me even longer, well into mid-life, before I came to both acknowledge and give thanks for the fact that, while I wasn't blessed with an athlete's body, I had been given a robust mental health, and that this was a mammoth undeserved blessing, more important for life than an athlete's body. I had often wondered what it would be like to have an athlete's body, to possess that kind of speed, strength, and grace, but I had never wondered what it must be like not to have a strong, steady, resilient mind, one that knows how to return a lob, split a defense, not be afraid of contact, absorb a hit, and not let the rigors of the game break you.

And that recognition was bought and paid for by some of the most painful moments of my life. As I aged, year after year, I began to see a number of my former classmates, colleagues, trusted mentors, acquaintances of all kinds, and dear friends lose their battle with mental health and sink, slowly or rapidly, into various forms of clinical depression, mental paralysis, mental anguish, dementia of various kinds, dark personality changes, suicide, and, and worst of all, even into murder.

Slowly, painfully, haltingly, I came to know that not everyone has the internal circuits to allow them the sustained capacity for steadiness and buoyancy. I also came to learn that one's mental health is really parallel

to one's physical health, fragile, and not fully within one's own control. Moreover just as diabetes, arthritis, cancer, stroke, heart attacks, amyotrophic lateral sclerosis, and multiple sclerosis, can cause debilitation and death, so too can mental diseases wreak deadly havoc inside the mind, also causing every kind of debilitation and, not infrequently, death, suicide.

How might one define robust mental health? Robust mental health is not to be confused with intelligence or brilliance. It's neither. Rather it is steadiness, a capacity to somehow always be anchored, balanced, buoyant, and resilient in the face of all that life throws at you, good and bad. Indeed, sometimes it can be a positive blockage to creativity and brilliance. Some people, it seems, are just too grounded and sane to be brilliant! And brilliant people, gifted artists, poets, musicians, not infrequently struggle to stay solidly grounded. Brilliance and steadiness are frequently very different gifts. Through the years that I have been writing on suicide, I have received many letters, emails, and phone calls, with anguished concerns about understanding mental health. One letter came for a woman, a brilliant psychoanalyst, somewhat anxious about her own steadiness and that of her family, who wrote: "Everyone in my family is brilliant, but none of us is very steady!" Of course, we all know families where the reverse is true.

In short, we need a better understanding of mental health; perhaps not so much among doctors, psychiatrists, and mental health professionals, where there is already a considerable understanding of mental health and where valuable research goes on, but within the culture at large, particularly as this pertains to suicide.

When we see someone suffering from a physical disability or a bodily disease, it's easy to understand this limitation and be moved to empathy. But this is predicated largely on the fact that we can see, *physically see*, the disability or the sickness. We may feel frustrated, helpless, and even angry in the face of what we see, but we generally understand. We get it! Nature has dealt this person a particular hand of cards, no one's to blame!

But that's not the situation with mental health. Here the disability or sickness is not so overt or easily understood. This is particularly true where the breakdown of a person's mental health results in suicide. For centuries, this has been badly misdiagnosed, not least morally and religiously. Today, more and more, we claim to understand, even as we don't really understand. A deeper, more-intuitive eye is still required. We still don't really understand mental fragility.

Our physical health can be robust or fragile, the same for our mental health. In both cases, how strong we are depends a lot upon the hand of cards we were dealt, our genetic endowment and the environment that shaped us. We don't get to order our bodies and minds from a catalogue, and nature and life don't always deal the cards evenly.

We need to better understand mental health and mental breakdown. Psychologically and emotionally, we are not immune to all kinds of cancers, strokes, diabetes, multiple sclerosis, and amyotrophic lateral sclerosis. And they too can be terminal, as is the case with suicide.

You can read, or download, Ron Rolheiser's weekly columns from his website at: www.ronrolheiser.com

REGULAR MASS TIMES IN OUR CLUSTER CHURCHES

ALDINGA

*Mary of Galilee, the First Disciple
cnr Quinliven and Howe Roads*
Saturday 5.30pm
Tuesday 9.15am

GOOLWA

St John the Apostle, 10-14 Gardiner St
Sunday 9.00am
Wednesday 9.30am

KINGSCOTE

*Our Lady of Perpetual Help,
cnr Todd and Giles Streets*
Sunday 9.30am
4th Sunday (Youth Mass) 6.00pm

NOARLUNGA

*St Luke, the Evangelist,
cnr Honeypot Rd and Goldsmith Dve*
Saturday 6.00pm
Sunday 9.00am
1st Sunday 11.00am (Spanish Mass)
2nd Sunday 2.00pm (Filipino Mass)
Sunday (Youth Mass) 5.30pm
Monday 9.00am
Tuesday (2nd, 4th, 5th week) 9.00am
Tuesday (1st, 3rd week) 9.45am
Wednesday 7.00am, 7.30pm
Thursday 9.00am (St John's School)
Friday 10.00am

NORMANVILLE

St Peter, Cape Jervis Road
1st, 3rd, 5th Sundays 10.30am
2nd, 4th Sundays 8.30am
1st Friday 6.00pm

PARNDANA

4th Sunday 4.00pm

PENNESHAW

*St Columba, North Terrace
(shared with Anglicans)*
1st Sunday 2.00pm

SEAFORD

Seaford Ecumenical Mission, Grand Bvd
Sunday 10.45am
Wednesday 9.00am

VICTOR HARBOR

St Joan of Arc, 30 Seaview Road
Saturday 6.00pm
Sunday 11.00am
Tuesday 9.00am
Thursday 9.00am
Friday (other than 1st) 9.00am
1st Friday 11.30am

WILLUNGA

St Joseph, 12 St Judes Street
1st, 3rd, 5th Sundays 8.30am
2nd, 4th Sundays 10.30am
Wednesday 9.00am
Thursday 9.00am
Friday 9.00am

(Continued from page 1)

Then he said to them, 'Watch, and be on your guard against avarice of any kind, for a man's life is not made secure by what he owns, even when he has more than he needs.'

Then he told them a parable: 'There was once a rich man who, having had a good harvest from his land, thought to himself, "What am I to do? I have not enough room to store my crops." Then he said, "This is what I will do: I will pull down my barns and build bigger ones, and store all my grain and my goods in them, and I will say to my soul: My soul, you have plenty of good things laid by for many years to come; take things easy, eat, drink, have a good time.'" But God said to him, "Fool! This very night the demand will be made for your soul; and this hoard of yours, whose will it be then?" So it is when a man stores up treasure for himself in place of making himself rich in the sight of God.'

BACKGROUND ON THE GOSPEL READING

In Chapter 12 of Luke's Gospel, Jesus instructs his disciples and the crowd on how to be ready for the coming judgment. A crowd of many thousands has gathered to hear Jesus. At first he speaks only to the disciples, reminding them that it is not persecution they should fear but the judgment that is coming for all who do not acknowledge the Son of Man. Suddenly a man in the crowd shouts out to Jesus, "Teacher, tell my brother to divide the inheritance with me." He seems to have grown tired of Jesus speaking only to the disciples. Jesus offers the man no help. Instead he uses the question to teach what, in light of the coming judgment, life really consist of.

Jesus tells the crowd a parable. A rich man's lands have yielded more crops than expected. His response is not to consider how he might share all the extra food with others but to wonder how he can possibly store it all. He has what he thinks is a brilliant idea: to tear down his present barns and build larger ones. Then he will have many things stored up for years of eating, drinking, and making merry.

"You fool" is God's response to this man because that very night his life will be taken away. To whom will everything belong then, God asks. The rich man's world is small, just him and his possessions, and now he learns that he is to lose his life. What good are his possessions now? Jesus states the moral of the story. This is how it will be for everyone who stores up treasure for himself or herself but is not rich in what matters to God.

Centuries later St Gregory the Great taught that when we care for the needs of the poor, we are giving them what is theirs, not ours. We are not just performing works of mercy; we are paying a debt of justice. Life does not consist in possessions but in sharing what we possess with others. The goods of the earth have been given to everyone.

Loyola Press website

SYMBOLS AND IMAGES

The quest for material comfort and security can be a cause of distraction from what is really important. We so easily get caught up with acquiring 'things' rather than attitudes and values. Blessed John Paul II said, "*It is not wrong to want to live better; what is wrong is a style of life which is presumed to be better when it is directed towards 'having' rather than 'being'*". Contemplate the image of being 'rich in the sight of God'.

THIS WEEK'S READINGS

(1 August - 7 August)

- **Monday, 1:** St Alphonsus Liguori (Jer 28:1-17; Mt 14:13-21)
- **Tuesday 2:** Weekday Ord Time (Jer 30:1-2m 12-15, 18-22; Mt 14:22-36)
- **Wednesday 3:** St Dominic (Jer 31:1-7; Mt 15:21-28)
- **Thursday 4:** St John Vianney (Jer 31:31-34; Mt 16:13-23)
- **Friday 5:** Weekday Ord Time (Nahum 2:1, 3, 3:1-3, 6-7; Mt 16:24-28)
- **Saturday 6:** The Transfiguration of the Lord (Dan 7:9-10, 13-14; Lk 9:28-36)
- **Sunday 7:** Nineteenth Sunday in Ord Time (Wis 18:6-9; Heb 11:1-2, 8-19; Lk 12:32-48)